

#### Collaborating for Healthier Communities 2024 RCPNETWORK GATHERING

Nass Amherst November 14 8 am - 4 pm





# Connect, Don't Convince!

How to Engage People with Different Perspectives

November 14, 2024











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## Learning Objectives

- Recognize the role of listening, curiosity, and empathy in communicating effectively across difference
- Develop interpersonal communication skills through interactive exercises as tools that support RCP conservation and engagement work
- Engage with other participants to apply the skills and behaviors to real-world challenges and circumstances.



## Get the Most from this Workshop



Listen actively to the experience of fellow participants.



Reduce distractions such as phones and email.



Take notes and ask questions.



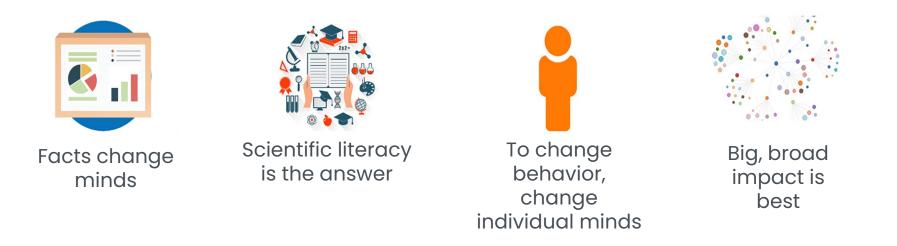
Speak from your own experience. 5 Center yourself and be present.



If you need to take a call/text/email, please step out.



## Myths about Science Communication



Toomey, A.H., 2023. Why facts don't change minds: Insights from cognitive science for the improved communication of conservation research. Biological Conservation, 278, p.109886.



## What Do the Data Say?



Create space for group conversation Understand the power of values, emotions, and experience



Change behavior to change minds

Tap Into Social Connectivity

Toomey, A.H., 2023. Why facts don't change minds: Insights from cognitive science for the improved communication of conservation research. Biological Conservation, 278, p.109886.



# **EXERCISE** last word, first word





### EXERCISE: Last Word, First Word

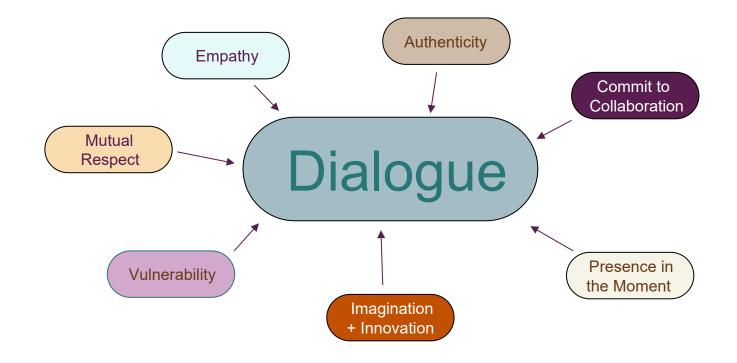
- Breathe. Slow down.
- Practice 'Other-Focused Listening'
- Instead of 'what should I say next, focus on 'what did they just say?'

# What Makes a Great Conversation?

## DIALOGUE HELPS PEOPLE TALK ACROSS DIFFERENCE



O'Neal, K. and Hastings, S.O., 2019. Teaching Genuine Dialogue: The Potential for Using Inference & Change 44(4), pp.556-576



O'Neal, K. and Hastings, S.O., 2019. Teaching Genuine Dialogue: The Potential for Using Influence & Change44 (4), pp.556-576



# **EXERCISE** tell me more





#### EXERCISE: Listen to Understand – Round 1

- Partner A: Provide an answer to 'Is it important to conserve land?'
- Partner B: Listen for something you want to know more about. Just listen and be present.
- About every 30 seconds, Partner B should stop and ask:
  "I'm curious about \_\_\_\_\_; can you tell me more about that?" regarding something that Partner A just said.
- Partner A responds.



#### EXERCISE: Listen to Understand – Round 2

- Same pairs, but switch roles
- Partner B: Provide an answer to 'Is it important to conserve land?' <u>AND</u> please add some misinformation, or exaggerate feelings.
- Partner A: Listen for something you want to know more about.
- About every 30 seconds, Partner A should ask: "I'm curious about \_\_\_\_; can you tell me more about that?" Only ask to hear more.
- Partner A responds.

# empathy and perspective taking





# **exercise** thank you, because





#### EXERCISE: Thank you, Because – Round 1

Choose a low-stakes petty disagreement. For Example:

- chocolate v. vanilla
- dogs v. cats
- chunky v. smooth pb
- star wars v. star trek
- tea v. coffee

Choose Sides.

Partner A makes an argument for their side.

Before the Person B makes their point, say thank you because... and **say something you genuinely appreciate** about what the other person has said.



#### EXERCISE: Thank you, Because – Round 2

Increase the stakes. For Example:

- energy siting v. viewsheds
- housing v. conservation
- access v. preservation

Choose Sides.

Partner A makes an argument for their side.

Before the Person B makes their point, say thank you because... and **say something you genuinely appreciate** about what the other person has said.

# In Groups of 3

- How are you going to apply the behaviors you practiced today?
- What kind of conversations might they apply to?
- What are you most interested in trying in your next challenging conversation?

## Takeaways and Resources





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#### **Connect, Don't Convince!**

How to Engage People with Different Perspectives Takeaways and Resources | 2024 RCP Network Gathering | 11.14.24

Talking across difference is not easy, yet so important to do. What's not important: expertise and scientific details. What is important: listening, personal connection, and authenticity.

To start a conversation, ask open-ended questions about people's interests and experiences, and listen to their responses. When we authentically ask to hear more from the other person, we are making them feel valued, breaking down barriers to dialogue, and building bridges to trust.

#### **EXERCISE TAKEAWAYS**

Last Word, First Word is an exercise in listening and slowing down. Successfully talking about any difficult topic requires slowing your pace and being intentional about your offerings. Slow down and listen. Incorporate words that the other person uses. Converse with the other person, not at them.

Can You Tell Me More About That? is an exercise designed to build authentic curiosity and foster dialogue. Be curious about what you hear the other person saying—even if you don't like what you hear. This will make the other person feel heard and valued. When someone feels heard, they are more likely to trust you.

Thank you, Because is an exercise in actively listening to people with different perspectives. By showing gratitude for what you genuinely find useful or illuminating, our partners feel heard. This approach can disarm disagreement and we might start to shift our own perspectives in the process.

#### **REFERENCES AND RESOURCES**

Alda, A. 2017. <u>If LInderstood You, Would I Have This Look On My Face?</u> Random House, NY. O'Neal, K. and Hastings, S.O., 2019. <u>Teaching Genuine Dialogue: The Potential for Using Improv.</u> Peace & Change, 44(d), pp.556-576.

Toomey, A.H., 2023. Why facts don't change minds: Insights from cognitive science for the improved communication of conservation research. Biological Conservation, 278, p. 109886. See also Facts Don't Change Minds—Social Networks. Group Dialogue, and Stories Do. Wear, P. 2013. Conservation resolution for Company uncleaded acade.

Wong, P. 2017. Engineer's Guide to Improv And Art Games. www.pioslabs.com



#### www.climateconversations.net/rcp2024 | password: RCP





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The next 6-week program starts January 17, 2025



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